Learning Styles

Visual



* You prefer using pictures, images, and spatial understanding.

Musical/Auditory



* You prefer using sound and music.

Verbal



* You prefer using words, both in speech and writing.

Physical/Kinesthetic



* You prefer using your body, hands and sense of touch.

Logical/Mathematical



* You prefer using logic, reasoning and systems.

Social



* You prefer to learn in groups or with other people.

Solitary



* You prefer to work alone and use self-study.

What is your learning style?